










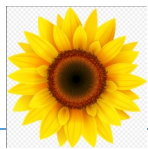





September 2023—Season of Reflection



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Debbie: 299-4750 Nurse: 299-4749 Activities: 213-5882 (Heidi) Kitchen: 213-5885 Salon: 213-5886 (Neng) Activities are Subject to Change	September Birthdays at Otsego Melva—9-4 Carol—9/17  	Assisted Living Week is September 10-16th! Theme is “Season of Reflection”. There will be dress up days that week to participate in and prizes at the noon meal, Monday—Friday. Must be present to win! Have fun!			1 9:30 Fareway Shopping—please sign up by elevator to go 1:30 Bus Loads for Ride Around Storm Lake—sign up to go by elevator	2 2:30 Mix and Mingle in DR
3 2:30 Movie in MR—“Jesus Revolution” *based on a true story* 	LABOR DAY No Scheduled Activities Today 	5 8:00 Pancakes for All (DR) 9:30 Walk Outside 10/10:30 Catholic Mass and Communion (MR) 2:30 Make a Craft for Storm Lake 1st Graders (MR)	6 10:00 Hymns with Lynn (MR) 10:45 BVRMC Exercises (MR) 2:00 BINGO in DR 	7 10:00 September Trivia (MR) 10:45 BVRMC Exercises (MR) 1:30 Chapel with Lynn (MR) <i>2:00 Make a Craft for St. Mary’s Kids (MR)</i> 4:30 Dinner and Movie in MR	8 9:15 Bus Loads for Trip to Cherokee Shopping at Dollar Tree/Family Dollar—please sign up by elevator to go 2:30 Margarita Party + Happy Hour in DR—drinks, beer, wine, pop, snacks all served	9 2:30 Play Cards in DR—Tenant Choice
10 Assisted Living Week Begins 2:30 Ice Cream Social and Music with Larry Heschke in DR 	11 Red, White, & Blue Day 9:15 Church Service Online (MR) 10:45 BVRMC Exercises (MR) <i>2:30 Patriot Day Crossword (MR)</i> 3:00 Pastor Kiboko Visits (MR)	12 Mismatch Patterns Day 9:30 Walk Outside 10/10:30 Catholic Mass and Communion (MR) 2:30 Music with Bob and Roger (DR)	13 Wear Favorite Color Day 10:00 Hymns with Lynn (MR) 10:45 BVRMC Exercises (MR) 2:00 Texas BINGO with RK Welander in DR 3:30 Therapy Dogs Visit (MR)	14 Crazy Socks Day 10:00 Reminisce Stories (MR) 10:45 BVRMC Exercises (MR) 2:30 Music with Bare Bones Duo (DR) 	15 Sports Team Day 10:00 FOCUS Meeting in MR—everyone is invited to attend 2:00 Walmart Shopping Trip—please sign up by elevator to go <i>***no shopping next week, plan accordingly***</i>	16 Assisted Living Week Ends 2:30 Music with Allyn Anderson (DR) - let’s end the week on a fun “note” 
17 2:30 Movie in MR—“Age of Adeline” *dazzling and unforgettable* 	18 10:45 BVRMC Exercises (MR) 3:00 Pastor Kiboko Visits (MR) 	19 10/10:30 Catholic Mass and Communion (MR) 2:30 Grab and Go Snacks in DR—or can stay and mingle with one another too!	20 10:00 Hymns with Lynn (MR) 10:45 BVRMC Exercises (MR) 2:00 BINGO in DR 	21 10:45 BVRMC Exercises (MR) 1:30 Chapel with Lynn (MR) 2:30 Music with Elaine Peacock (DR)	22 9:30 Exercise DVD in MR 2:30 Movie in MR—“Hello Dolly” <i>*starring Barbara Streisand*</i> 	23 2:30 Play UNO in DR
24 2:30 Movie in MR—“Devotion” *Based on true events* 	25 9:15 Church Service Online (MR) 10:45 BVRMC Exercises (MR) <i>1:30 Shopping for School Clothes Reminisce Story (MR)</i> 2:00 Pastor Ryan Visits (MR)	26 9:30 Walk Outside 10/10:30 Catholic Mass and Communion (MR) 2:30 September Birthday Party (DR) - everyone is invited to join	27 10:00 Hymns with Lynn (MR) 10:45 BVRMC Exercises (MR) 2:00 Unlimited Wins BINGO in DR	28 10:00 Autumn Trivia (MR) 10:45 BVRMC Exercises (MR) <i>2:00 Jewelry with Ginger (MR)</i> 4:30 Dinner and Movie (MR) - please sign up	29 9:30 Fareway Shopping—please sign up to go by elevator 1:30 Bus Loads for Trip to Prairie Heritage Center (O’Brien County)—must be signed up to go	30 2:30 Mix and Mingle in DR